



SANTA BARBARA COUNTY FIRE DEPARTMENT

MICHAEL W. DYER
FIRE CHIEF

4410 Cathedral Oaks Road, Santa Barbara, CA 93110

NEWS RELEASE

FOR IMMEDIATE RELEASE

- Hands Only CPR Training -

SANTA BARBARA, Ca. June 3, 2013 – On Tuesday, June 4, the State of California will be participating in a massive effort to teach Hands Only CPR to as many of the citizens of California as possible. The Santa Barbara County Fire Department will offer free hands only CPR training for members of our community at the following locations:

The Camino Real Market Place, located at 7040 Market Place Drive in Goleta from 11am until 1pm

Albertsons in Orcutt, located at 1120 East Clark in Orcutt from 10am until 12 noon

Albertson's in Buellton, located at 222 East Highway 246 from 10am until 12 noon

Heart disease is the leading cause of death nationally and locally, with an estimated 630,000 deaths per year in the United States and over 700 deaths per year in Santa Barbara County. Approximately 200 cardiac arrest victims are being treated locally each year by the emergency medical services system. The prompt delivery of cardiopulmonary resuscitation (CPR) more than doubles a cardiac arrest victim's chance of survival by helping maintain vital blood flow to the heart and brain.

By increasing the number of adults trained in Hands Only CPR in our community, we can increase the survival rate of cardiac victims.

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